

Recreation Program Updates

January 2026 Highlights and Activities (does not include FREE Health Screenings, Inclusive Fitness Classes, etc.):

- Over 10,000 Rec Center Users during the month of January!
- Resident Beach Parking Passes through the month of January –sold over 3742+ passes
 - Non-Resident Parking Passes through the month of January – 420+ passes
- Personal Training Clients booked in January – 28 clients
- Tumbling participants January – 19
- Ballet & Tap Dancers January - 10



FEBRUARY – HEALTHY HEART MONTH!

- Qigong for Beginners – Wednesday, February 4th
- Health Fair w/ Mobile Mammo, Onspot Derm, Bloodmobile – Saturday, February 7th – **Over 200 attendees**
 - Dancing with the Stars Louis Van Amstel – Saturday, February 7th – **50 attendees**
- Heart Strong Barre – Monday, February 9th
- Cardio Kick-Boxing – February 12th
- Make your own box of Chocolates – February 13th
- Tabata (Interval Training) - February 14th
- Shelling Trip to Keywaydin Island – February 16th SOLD OUT
- Pickleball Tournament – Monday, February 16th
- Aqua-Thon – February 17th (3 different instructor/ two hours)
- Teen Scene – Roller Skating – February 20th
- Hands only - CPR Training for the Community – February 21st
- Understanding your Heart's Signals – American Heart Association – February 23rd
- Wellness in Nature - Wednesday, Dr. Joe Blanda, February 25th

Upcoming events:

- Watch for Special Programming for **MINDFUL MARCH!**
- Shelling Trip to Keywaydin Island – March 4th SOLD OUT
- Youth Flag Football Starts – March 6th
- Arcadia Rodeo Trip – March 12th
- **Red Sox vs. Twins! Sunday, March 15th - All Proceeds Benefit Sanibel Youth Sports: [Sanibel Recreation Center Youth Sports 3.15.2026](#)**
- Red Sox Baseball Game w/ Van Transportation – March 17th SOLD OUT
- Annual Spring Egg Hunt – April 4th 10a-12p at the Sanibel Ballfields